



DENVER SOCCER
BOYS HIGH SCHOOL CAMP
2009



FRIDAY July 24th - SUNDAY July 26th

Cost \$135 per player

**Each team must have a minimum of 16 players
Each team will get up to 4 training matches**

LOCATION: GATES SOCCER COMPLEX

Friday, July 24th

Teams 1-5: 3:30-4:15

Turf: All Team Introduction

Turf: Strength and Conditioning Warm-Up

4:15- 5:45

Session I: Techniques and Possession Shape

Turf: Team 1 and Team 2

Soccer: Team 3 and Team 4

Practice: Team 5

Teams 6-10: 6:00 – 6:45

Turf: All Team Introduction

Turf: Strength and Conditioning Warm-Up

6:45- 8:15

Session I: Techniques and Possession Shape

Turf: Team 6 and Team 7

Soccer: Team 8 and Team 9

Practice: Team 10

Saturday, July 25th

Teams 1-5: 8:30 -10:30

Session II: Defending (iv1, building to team defense)

Turf: Team 2 and Team 3

Soccer: Team 1 and Team 5

Practice: Team 4

1:00-3:00

Session III: Transition play

Turf: Team 5 and Team 2

Soccer: Team 1 and Team 4

Practice: Team 3

Teams 6-10: 10:45 -12:45

Session II: Defending (iv1, building to team defense)

Turf: Team 7 and Team 8

Soccer: Team 6 and Team 10

Practice: Team 9

3:15-5:15

Session III: Transition play

Turf: Team 10 and Team 7

Soccer: Team 6 and Team 9

Practice: Team 8

Sunday, July 26th

Teams 6-10: 8:30 -10:30

Session IV: Combination play and springing players

Turf: Team 8 and Team 6

Soccer: Team 9 and Team 10

Practice: Team 7

1:00-3:00

Session V: Attacking play, patterns and finishing

Turf: Team 10 and Team 8

Soccer: Team 9 and Team 7

Practice: Team 6

3:00

All Team College Recruiting Lecture and Camp Closing

Teams 1-5: 10:45 -12:45

Session IV: Combination play and springing players

Turf: Team 1 and Team 3

Soccer: Team 4 and Team 5

Practice: Team 2

3:15-5:15

Session V: Attacking play, patterns and finishing

Turf: Team 5 and Team 3

Soccer: Team 2 and Team 4

Practice: Team 1

2:30

All Team College Recruiting Lecture and Camp Closing